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Bulletin

NEXT MEETING

Next Meeting is a ZOOM Format

April 13, 2021

This will be an in person ZOOM Meeting

7:00 p.m.

Tales from the Lane, Cases that make you say "WUT"

Presented by:

Marc Bloomenstein, OD

Please register using the link provided in the cover letter, or the email you received. If you have any questions or problems registering, please contact Paula at slos@mailcam.com

Sponsor Presentation by Kala Pharmacutical

We had 93 attend our February ZOOM meeting!
Thank you, Dr. Jay Pepose and Sun Pharmaceutical!

Advances in Presbyopia

Presented by:

Jay Pepose, MD, PhD, FARVO

Submitted by: Paul Luong, OD, FAAO

Anterior segment indications for miosis: Night vision disturbances, presbyopia, and reversal of pharmacological mydriasis

Dim Light Disturbances (DLD) or Night Vision Disturbances (NVD) occur as a result of light scattering and peripheral aberrations. Current therapeutic solutions for patients with NVD are: off-label miotic drop use (brimonidine, pilocarpine, etc.), opaque small aperture contact lens, small aperture corneal inlay and pupil surgery (cerclage). One company has complete multiple phase 2 trials on a new eye drop called Nyxol, a preservative-free ophthalmic solution containing 0.75% phentolamine. This eye drop is a nonselective alpha-adrenergic antagonist that inhibits the contraction of smooth muscle of the iris which leads to smaller pupil diameter, resulting in better contrast sensitivity and visual acuity. In addition to DLD/NVD, Nyxol is being developed for reversal of pharmacologically-induced mydriasis, and presbyopia.

Loss of accommodation is an ever-growing problem with the aging population. Traditional solutions to presbyopia (glasses/contact lenses) all focus on rearranging the blur circle. This is compared to a smaller aperture “pin-hole” pupil which removes the blur by extending the depth of focus. The optimal pupil size for depth of focus is 1.6-2mm. However, the optimal pupil size to maximize distance vision and contrast sensitivity is 3mm. The current treatment landscape for presbyopia correction is: various IOLs, spectacles, various contact lens options, corneal inlay technology, scleral expansion, and pharmaceuticals. Topical treatments currently being developed are concentrating on either miosis (i.e, Nyxol or Pilocarpine) or lens softening (i.e., EV06). Lens softening involves a treatment period of about a month in which a topical therapy is used to selectively target and disrupt the disulfide bonds in the lens.

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UPCOMING EVENTS

NEXT MEETING

April 13, 2021, at 7:00 pm

This will be a ZOOM meeting

Tales from the Lane, Cases that make you say "WUT

Presented by:

Marc Bloomenstein, OD

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32nd Annual Ophthalmology Spring Update

16th Annual Ophthalmic Personnel Seminar

Registration Now Open!

8 AM - 4 PM

Saturday, April 24, 2021

Lectures will be held virtually

https://ophthalmology.wustl.edu/32nd-annual-ophthalmology-spring-update-16th-annual-ophthalmic-personnel-seminar/

The Retina Institute Invites You

We are excited and pleased to announce that the 7th Annual Spring Retina Update will be held on Saturday, April 10, 2021 in a virtual format. This year's symposium will include talks on Complex Retinal Detachments, Updates on Myopic Degeneration, The Treatment of Macular Holes, COVID-19 and the Eye, New Insights into Retinal Tears & Detachments, and an Update on Diabetic Retinopathy. In addition, it will also feature a variety of case presentations followed by panel discussion. Attendees may ask questions throughout the meeting using a chat feature.

This educational opportunity is free of charge. Continuing medical credits will be available through St. Luke's Hospital for AMA category 1, the information is below**. Credit will also be available through COPE and IJCAHPO. Registration is required.

To register for this event, click here: https://docs.google.com/forms/d/1mJ6dvf3AhZb3q3jPgWcJ16Alk45OJWVJF8c1PuWBq3s/edit

The educational portions of the symposium will begin at 8:00 am and end at 12:00 pm.

We hope that you will be able to join us for this very informative program.

Warmest regards,

The Physicians of THE RETINA INSTITUTE

Kevin J. Blinder, MD; Sabin Dang, MD; Alia K. Durrani, MD; Nicholas E. Engelbrecht, MD; M. Gilbert Grand, MD; Daniel P. Joseph, MD, PhD; Thomas K. Krummenacher, MD; Richard J. Rothman, MD; Gaurav K. Shah, MD; Bradley T. Smith, MD.

** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of St. Luke's Hospital and The Retina Institute. St. Luke's Hospital is accredited by the ACCME to provide continuing medical education for physicians.

St. Luke's Hospital designates this live activity for a maximum of 4.0 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. **

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Dr. William Lynch is looking for a part-time Optometrist for his Cuba, Missouri office. The Position is 2 days a week. This is a private practice. Please contact Dr. Lynch for additional information. Dr. William Lynch c: 573-241-5176

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