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paula@stlouisoptometricsociety.org
administration@stlouisoptometricsociety.org

Bulletin

This Year's Holiday Party has been Canceled and we will see you in 2021

NEXT MEETING

ZOOM

Please take a moment to review the list of Sponsors on the following page. Be sure to thank and acknowledge the support they provide SLOS. This is a difficult year for everyone and we greatly appreciate their continued support.

November 10, at 7:00 pm

Intense Pulsed Light

Dr. James E Deom, OD, MPH

Speaker Sponsored by : Lumenis

Due to the County regulations, this month's meeting will be a ZOOM ONLY meeting.

Register for this ZOOM meeting no later than November 6, 2020

Beginning at 6:45 you will be able to join us via ZOOM. ***Registration for this ZOOM meeting can be found on the email cover sheet and by contacting Paula at*** slos@mailcan.com

COMMITTEES:

2020-2021 Committees:

Membership: Dr. Casey Hamm
Contact Lens: Dr. Rachel Merriman
Technology: Dr. John Bush
Co-Management: Dr. Erik Ricker
MO State Board: Dr. Debbie Kerber
MOA Trustees: Dr. Jenna Osseck & Dr. Jason Riley
UMSL: Dr. Larry Davis

Please Contact Dr. Steve Branstetter if you are interested in serving on a committee: slbj28@gmail.com

Thank you
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Congratulations to Our Very Own Dr. Jenna Osseck. The Young Optometrist of the Year. In addition, to make this extra special she is the ONLY Award recipient at the MOA this year.

Dr. Jenna Osseck was awarded the MOA Young OD of the Year award. Congratulations!

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Myopia Control with Contact Lenses: The Evidence, The Risks, The Benefits

Presented by: Mark Bullimore, MCOptom, PhD, FAAO
Submitted by: Paul Luong, OD, FAAO

Efficacy of Myopia Control Modalities (from best to worst)

1. 1% Atropine
2. Overnight orthokeratology; peripheral treatment spectacle lenses (MiyoSmart, Stellest, SightGlass); Multizone/EDOF soft contact lenses (MiSight, Mylo)
3. Progressive addition lenses (PALs); 0.01% Atropine

Putting plus in the periphery

- Corneal reshaping
- Multizone contact lenses
- Spectacles with adds in all meridians

Why should we care about the periphery?

- Refractive development is regulated by visual feedback. Therefore, the fovea is not essential for vision-dependent growth. With conflicting optical signals between the periphery and the fovea, peripheral signals dominate central. In addition, if you have conflicting peripheral signals (you have two different focal planes), the more positive or myopic signal dominates.

How does myopia affect my child?

- How much will my child progress?
    - Brien Holden Vision Institute calculator can help with this.
- What are the risks of treatment?
    - Low contrast visual acuity in dim lighting can be affected
    - Incidence of microbial keratitis in children wearing soft contact lenses is 3 in 10,000 patient years
    - Incidence of microbial keratitis in children doing orthok is 8 in 10,000 patient years

Why should we, as eye doctors, care about myopia?

- Better vision when uncorrected and corrected
- Better options for, and outcomes from, surgical myopia correction
- Reduced risk of visual impairment associated with higher levels of myopia

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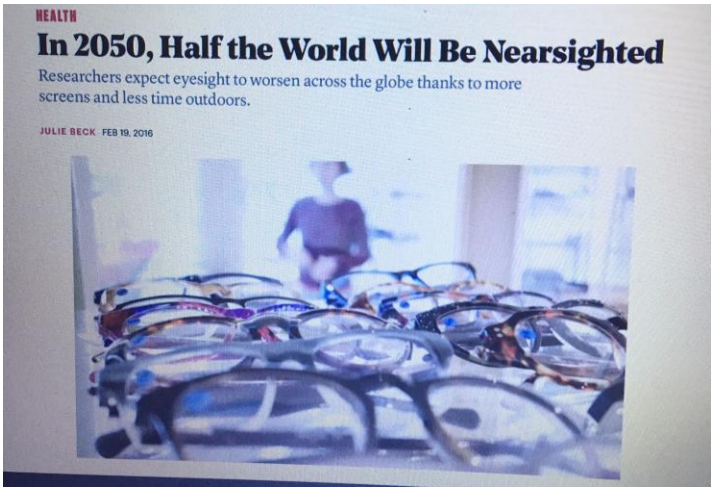
Recommended reading per Dr. Bullimore: https://bullers2020.com/recommended-reading

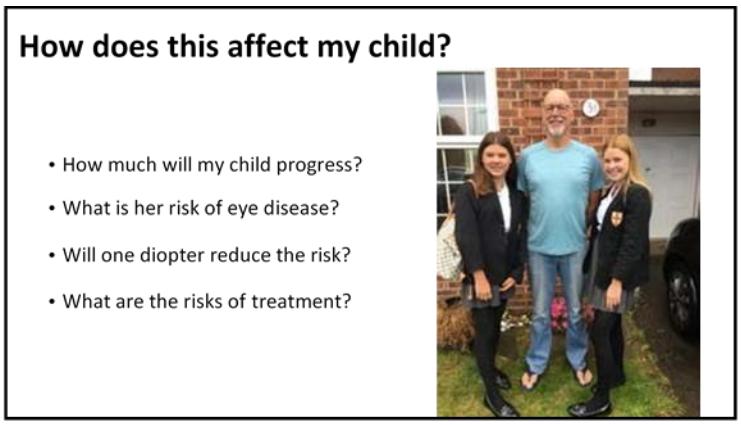
Thank you

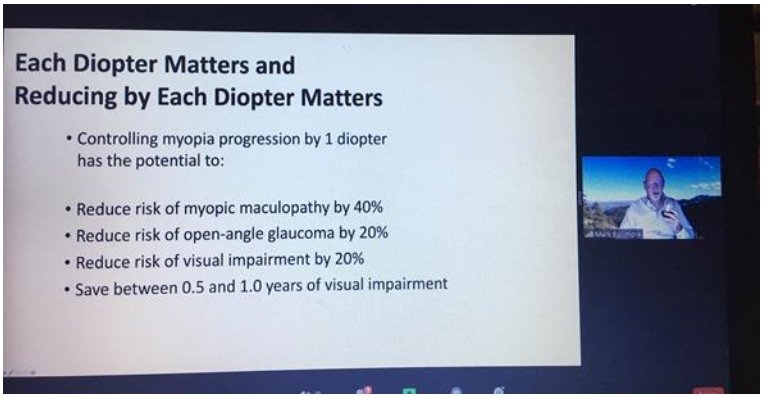
bullers2020@gmail.com

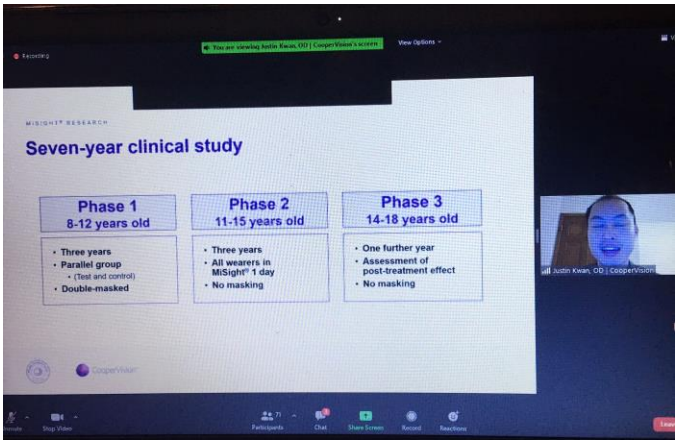
bullers2020.com

Thank You Dr. Bullimore and Cooper Vision for a GREAT meeting.









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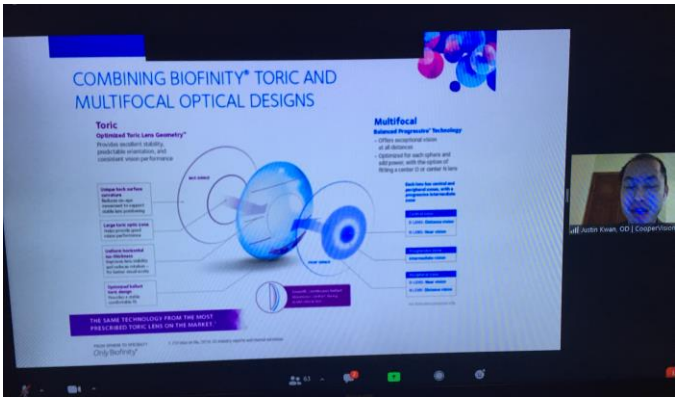

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MOA Report

Submitted by: Jason Riley, O.D.
Jenna Osseck, O.D.

We will have the **MOA Presidential Visit Meeting** virtually on **Tuesday, December 1st at 7:00pm on Zoom**. The MOA Executive Director - Lee Ann Barrett, MOA President - Alan Wegener, AOA Representative - Dana Reason, and Jay Hahn will be hosting the meeting and discussing our Missouri Keypersons system, doing Keypersons training, and discussing some legislative matters. ***It is highly encouraged for all members to attend this meeting as this is important for the future of our profession!***

The MOA and all societies across the state are ramping up their keypersons system for future legislative endeavors for scope of practice. We will be assigning and confirming keypersons after the November election. If you know a legislator and/or are willing to be a keyperson, please contact Jenna or Jason.

- ***As previously requested, please email your most updated legislator information to Jenna (josseck@gmail.com)***
- ***Missouri State Representative and District Number***
- ***Missouri State Senator and District Number***
- Please see the MOA website to register: https://www.moeyecareconference.org/.

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UPCOMING EVENTS

NEXT MEETING

November 10, 2020 @ 7:00 pm

Speaker Sponsored by: Luminus

The November Meeting will be a ZOOM only meeting

7:00 p.m. Business Meeting

Followed by: ***Intense Pulsed Light***

Dr. James E Deom, OD, MPH

Register for this ZOOM meeting no later than November 6, 2020

Beginning at 6:45 you will be able to join us via ZOOM.

Registration link for the ZOOM meeting can be found on the e-mail coversheet or by contacting Paula at slos@mailcan.com

December 1, 2020

The MOA "State of Optometry" and "Keyperson" Informational Meeting.

This will be a ZOOM meeting. I encourage everyone to attend. These are challenging times with lots of information and legislative activity.

This Years Holiday Party
Has been Canceled
please spend the time
enjoying your family
and we will see you in
2021.

We will get BACK!!!!!

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