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administration@stlouisoptometricsociety.org

Bulletin

NEXT MEETING

Marriott West
600 Maryville Center

This Year's Annual Banquet has been Canceled due to the health concerns for our Members and Sponsors.

September 8, 2020 at 7:00 pm

Due to the County regulations of group gathering, this month's meeting will be a ZOOM ONLY meeting.

7:00 p.m. Business Meeting

Followed by:

Alzheimer's and the Eye

Dr. Gregory P. Van Stavern

Register for this ZOOM meeting no later then September 5, 2020

Beginning at 6:45 you will a be able to join us via ZOOM.

Details on the ZOOM meeting will be sent again via email

COMMITTEES:

2020-2021 Committees:

Membership: Dr. Casey Hamm
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MO State Board: Dr. Debbie Kerber
MOA Trustees: Dr. Jenna Osseck and Dr. Jason Riley
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Please Contact Steve Branstetter, OD if you are interested in Serving on a committee:
slbj28@gmail.com

Thank you

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Beyond the Basics: Troubleshooting Scleral Lenses

Presented by: Dr. Julie DeKinder and
Dr. Madison Moss
Submitted by: Paul Luong, OD, FAAO

This lecture went beyond the basics of scleral lenses and tackled the considerations revolving aspects of advanced fitting and troubleshooting obstacles commonly seen in scleral lens patients.
Advanced fitting

- **Oxygen** considerations when fitting scleral lenses: (1) high Dk material (>125); (2) minimal tear clearance behind the lens (<200); Reduced center thickness of the lens (<.250).
- **Lens decentration** especially inferior decentration is very common as these lenses can be heavy and gravity can have an effect. Additionally there may be too much corneal/limbal clearance and/or vertical edge lift. The solution to this is to flatten the base curve or reduce reverse curve. Can also steepen vertical lens edge to improve centration. Additionally, toric peripheral curves may be required
- **Optics** may be enhanced with a front surface toric or a multifocal design
- **Peripheral alignment** (Dr. DeKinder regards this as the most important aspect in scleral lens fitting) is important in maximizing lens comfort.
- **Ocular surface complications** such as a pinguecula, bleb/shunt or conjunctival scarring. These can be addressed with 1 of 4 ways: (1) Adjusting the overall lens diameter but specifying to the consultant this should be done only by manipulating the scleral landing zone; (2) Notch the lens edge to fit around the obstacle; (3) Add a "vault" or "microvault" to go over the obstacle (4) Impression fit the lens to conform to the eye.

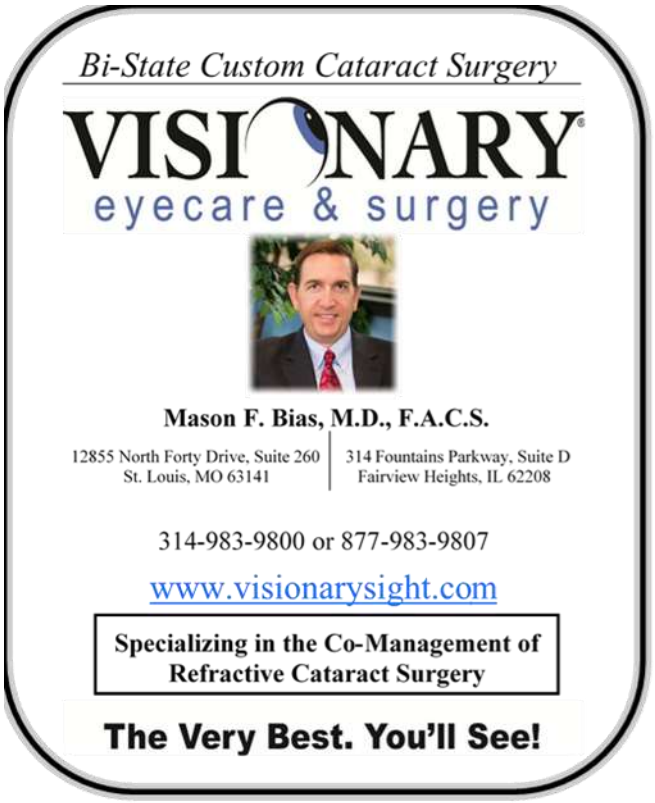
Troubleshooting the 3 areas patients complain about most frequently.

*******Continue on Next Page********

Thank You Dr. DeKinder and Dr. Madison Moss

This was a very informative presentation with many helpful tips for fitting Scleral Lenses.

The Future of in Person Meetings!



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Pain: the likely causes are the lens base curve is too steep or flat, the lens needs a toric periphery that must also be properly aligned or it's a lens care issue. If the lens is too steep, the patient will typically complain of tightness. You may see blanching 360 degrees or excessive corneal clearance during slit lamp examination. If the lens is too flat the patient will complain of feeling the lens edge but not in a specific location. The patient may say the lens is irritating but be unable to describe. During slit lamp examination, you may observe lens movement, edge life, minimal central clearance/touch or minimal limbal clearance/touch. If a toric periphery is required or is not properly aligned, the patient will complain of lens discomfort and they'll be able to point to the location where they are bothered. During slit lamp, you'll see edge lift that correlates to the area the patient complained about or there is blanching 90 degrees away from the area of discomfort. If the patient complains of irritation on insertion or throughout the day, make sure to having a conversation about their cleaning regimen or filling solution.

- **Redness**: the likely causes are incorrect base curve, poor peripheral alignment, ocular surface complication or lens removal issues
- **Vision** complaints can usually stem from incorrect prescriptions, needing a front surface toric, needing a multifocal, debris under the lens (most commonly from a flat fitting edge), lens coating issues, debris on the lens or corneal edema.

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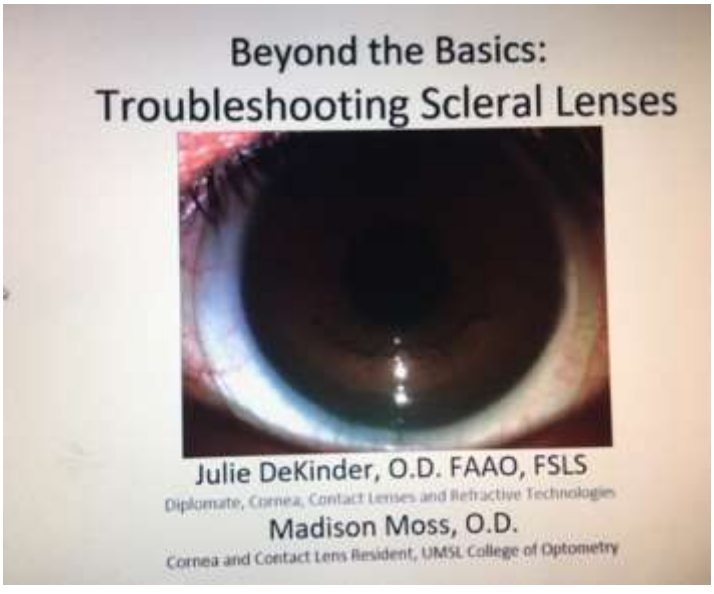

MOA Report July 2020

Submitted by: Jason Riley, O.D.
Jenna Osseck, O.D.

If you haven't already, please consider donating to the Arkansas optometry legislative battle. The American Academy of Ophthalmology and others have exponentially increased their obstructionist efforts by attempting to dismantle Arkansas' current scope of practice by ballot referendum. This ballot effort in Arkansas will affect us all and future scope bills. Ophthalmology-led opposition in Arkansas has raised nearly $2 million through June of this year with contributions from out of state OMD associations. ***The MOA is challenging all doctors to donate $100 to the Arkansans for Healthy Eyes' campaign***. Contributions will help preserve the law for which Arkansas optometrists fought so hard to pass and demonstrate that doctors of optometry are working together as one. Contributions can be personal or from a business. Email Lee Ann Barrett (moaed@moaeyecare.org) for information or go to the following link to donate: https://81360.campaignpartner.net/

The MOA and all societies across the state are ramping up their keypersons system for future legislative endeavours for scope of practice. We will be assigning and confirming keypersons in the next few months, as we recently had the election. If you know a legislator and/or are willing to be a keyperson, please contact Jenna or Jason.

- ***As previously requested, please email your most updated legislator information to Jenna (josseck@gmail.com)***
- ***Missouri State Representative and District Number***
- ***Missouri State Senator and District Number***

- As a reminder, the MOA Convention will be held October 15-18th in Branson at Chateau on the Lake. Registration is now open, with early bird registration ending September 11th! The convention will have social distancing practices, sanitizing stations, and other accommodations to follow proper protocol for everyone's safety. All attendees will receive a MOA mask to wear, as well! Please see the MOA website to register: https://www.moeyecareconference.org/.
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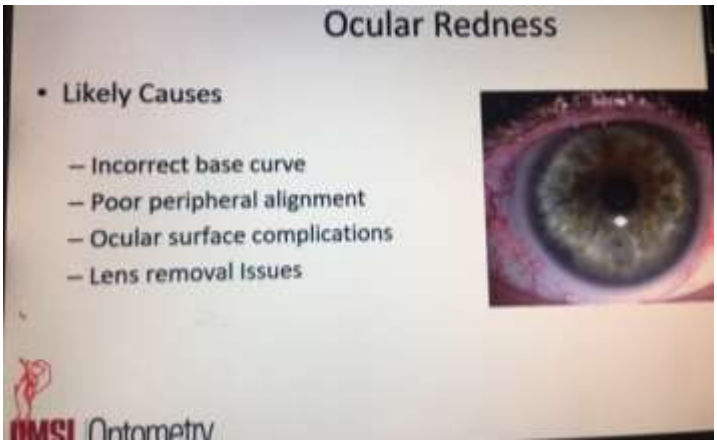

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Important Information and Opportunities

***Dr. Lee Ann Barrett** (moaed@moeyecare.org) would like all SLOS members with questions, concerns or thoughts pertaining to optometry and the current COVID-19 situation, as well as the passed stimulus package involving PPP and SBA loans to feel free to contact her directly with their questions answered.* (moaed@moeyecare.org)
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UPCOMING EVENTS

NEXT MEETING

September 8, 2020 7:00 pm

The September Meeting has been changed to a ZOOM only meeting due to the current county regulations.

7:00 p.m. Business Meeting

Followed by

Alzheimer's and the Eye

Dr. Gregory P. Van Stavern

Register for this ZOOM meeting no later then September 5, 2020

Beginning at 6:45 you will be able to join us via ZOOM.

Details on the ZOOM meeting can be found on the e-mail coversheet or by contacting Paula at slos@mailcan.com

October Meeting

October 13, 2020

Tentative speaker and Topic

Dr. Bullimore speaking on

Myopia Control

We are still evaluating the format of this meeting in hopes we can offer a Hybrid event with both in person and Virtual options.